

LLANDUDNO – PORTHCAWL – 1 DAY 22 JUNE 2019

175 miles of cycling, over 10,000ft of climbing

For full details of the riders, event and how to sponsor visit:

www.southwalesmason.com/hfh

or contact:

**WBro. Simon Francis** 

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Llandudno

Betws-y-Coed (Snowdonia National Park)

Dolgellau (Snowdonia National Park)

Abertystwyth

Lampeter

Llandeilo

Pontarddulais

Port Talbot

Porthcawl



RMBI 2021 FESTIVAL



